

CORE-PLUS

Pilates. Yoga. Reformer.

www.core-plus.com/au

MINDFUL MOVEMENT for students.

School can be a stressful time! Between managing study, exams, and social commitments, life can be busy.

CorePlus SchoolMates is our newest program to get students moving both in and out of the classroom.

Enjoy one free class
in-studio with the code
COREPLUSONUS.

Simply download the CorePlus app, book into any Pilates, yoga or reformer class and enter the code at checkout for a single class.

Scan to
download the
CorePlus app.





Enjoy 6-months *free access* to CorePlus Connected

when you sign up to a
monthly membership.

Start the day with some meditation, take a study break to refresh and refocus, or shake off the day with some mindful movement. Whether its five minutes or 45, you'll notice the difference!

Enjoy our student-specific classes, plus over 500+ Pilates, Barre, Yoga, Strength and Meditation classes available on demand, to keep you moving through your studies.

Use code
SCHOOLMATES for
6-months free

**COREPLUS
CONNECTED**

www.coreplusconnected.com

T&Cs: Subscription automatically renews after the 6-month free trial is completed unless cancelled prior.

